

OCTOBER BREAKFAST & LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1	2
BREAKFAST: Coffee Cake, Cereal, Fruit, Juice, Milk LUNCH: Spaghetti and Meat Sauce, Buttered Red Potatoes, Green Beans, Garlic Breadstick, Peaches, Milk	BREAKFAST: French Toast, Cereal, Fruit, Milk LUNCH: Nachos Cheese with Hamburger, Tortilla Chips, Salad Bar, Pears, Milk	BREAKFAST: Blueberry Muffin, Cereal, Fruit, Yogurt, Milk LUNCH: Chicken Leg, Mashed Potatoes & Gravy, Corn Pineapple, Roll, Milk	BREAKFAST: Mini Waffles, Cereal, Fruit, Milk LUNCH: Meatloaf, Scalloped Potatoes, Peas, Peaches, Birthday Treat, Milk HAPPY BIRTHDAY!!! OCTOBER	BREAKFAST: Western Omelet, Cereal, Fruit Milk LUNCH: Chicken Wrap with Lettuce, Buttered Pasta, Tri-Tater Strawberries & Bananas, Milk
5	6	7	8	9
BREAKFAST: Biscuits & Gravy Cereal, Fruit, Milk LUNCH: Hamburger with Lettuce, Tomato, & Cheese, French Fries, Baked Beans, Jello Fruit Salad, Milk	BREAKFAST: Breakfast Pizza, Cereal, Fruit, Milk LUNCH: Salisbury Steak, Mashed Potatoes, & Gravy, Corn, Peaches, Roll, Milk	BREAKFAST: Long Johns, Cereal, Fruit, Milk LUNCH: Lasagne, French Garlic Bread, Green Beans, Pineapple Tidbits, Milk	Breakfast: Pancakes, Sausage Links, Cereal, Fruit, Milk LUNCH: Little Smokies, Macaroni & Cheese, Peas, Mandarin Oranges, Cookie Milk	Breakfast: Sausage, Egg & Cheese Biscuit, Cereal, Fruit, Milk LUNCH: Bierock Casserole, Buttered Pasta, Salad Bar, Pears, Milk
12	13	14	15	16
BREAKFAST: Blueberry Muffin, Cereal, Fruit, Milk LUNCH: Pizza, Garlic Breadstick, Salad Bar, Peaches, Cookie, Milk	BREAKFAST: Coffee Cake, Cereal, Fruit, Milk LUNCH: Taco Salad, Tortilla Chips, Salsa, Refried Beans, Pineapple, Cinnamon Puff, Milk	BREAKFAST: Sausage Biscuit, Cereal, Fruit, Milk LUNCH: Chicken Casserole, Pears, Carrots & Celery, Roll, Cherry Crisp, Milk	BREAKFAST: Breakfast Pizza, Cereal, Fruit, Milk LUNCH: Bar-B-Q Rib, Tri-Tater, Salad Bar, Apple Slices, Granola Bar, Milk	NO SCHOOL
19	20	21	22	23
BREAKFAST: Sausage & Pancake on a Stick, Cereal, Fruit, Milk LUNCH: Breaded Chicken Patty on a Bun, Buttered Red Potatoes, Green Beans, Mandarin Oranges, Pudding, Cookie, Milk	BREAKFAST: Biscuits & Gravy, Cereal, Fruit, Juice, Milk LUNCH: Chicken Fried Steak, Mash Potatoes & Gravy, Corn, Peaches, Roll, Milk	BREAKFAST: Mini Waffles: Sausage Links, Cereal, Fruit, Milk LUNCH: Sloppy Joe, French Fries, Carrot & Celery, Tropical Fruit, Rice Krispy Treat, Milk	BREAKFAST: Coffee Cake, Cereal, Fruit, Milk LUNCH: Chicken Nuggets, Au gratin Potatoes, Baked Beans, Strawberries & Bananas, Brownies, Milk	BREAKFAST: Ham, Egg, Cheese Biscuit, Cereal, Fruit, Milk LUNCH: Meatball Sub, Tator Tots, Peas, Jello Fruit Salad, Granola Bar, Milk
26	27	28	29	30
BREAKFAST: Coffee Cake, Cereal, Fruit, Juice, Milk LUNCH: Chicken Tetrizzini, Buttered Red Potatoes, Green Beans, Garlic Breadstick, Peaches, Milk	BREAKFAST: French Toast, Cereal, Fruit, Milk LUNCH: Nacho Cheese with Hamburger, Tortilla Chips, Salad Bar, Pears, Milk	BREAKFAST: Blueberry Muffin, Cereal, Fruit, Yogurt, Milk LUNCH: Chicken Strips, Mashed Potatoes & Gravy, Corn, Pineapple, Roll, Milk	BREAKFAST: Western Omelet, Cereal, Fruit, Milk LUNCH: Tater Tot Casserole, Bake Beans, Carrots & Celery, Mandarin Oranges, Apple Crisp, Milk	BREAKFAST: Biscuits & Gravy, Cereal, Fruit, Milk LUNCH: Steak Fingers Cheesy Hash browns, Corn, Fruit Cocktail, Roll, Cookie, Milk

Menu Subject to Change